

December 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3 <i>Chicken Marsala with Pasta</i>	4 <i>Blackened Fish with Creole Sauce</i>	5 <i>Shrimp Scampi with Pasta</i>
6	7	8	9 <i>Pasta with Sun Dried Tomatoes and Grilled Shrimp</i>	10 <i>Creole Jambalaya</i>	11 <i>Crawfish Etouffee over Steamed Rice</i>	12
13 <i>Omelet Station 9 AM until Noon</i>	14 <i>Red Beans & Rice with Sweet Cornbread</i>	15	16	17	18	19 <i>Pasta Primavera With Chicken</i>
20	21 <i>White Beans & Rice with Sweet Cornbread</i>	22 <i>Fresh Salmon with Lemon Butter Sauce</i>	23	24 <i>Beef Tips with Demi Glace Sauce over Steamed Rice</i>	25	26 <i>Fresh Fish with Cashew Cream Sauce</i>
27 <i>Omelet Station 9 AM until Noon</i>	28 <i>Red Beans & Rice with Sweet Cornbread</i>	29	30	31 <i>Beef Medallions with Mushroom Cream Sauce</i>		

Made by Chef Irvin Jr. "Cooking with Mega Love" (if Chef not at his station, see the Bistro)